

April 2010

DOWN UNDER

WITH THE
B. R. U. D. G.



Official Bulletin

OF THE

BLACK ROCK
UNDERWATER DIVING GROUP INC

EDITORIAL

HI EVERYONE

Lots of diving going on ...

Again its been a non-diving month for me due to moving house, ironically into the same street that Bill Sandford moved from.

Thanks to Peter Galvin who authored all many reports in this issue including an excellent account of the March Long Weekend - including a bizarre but true tale of *budgie-smuggling*.

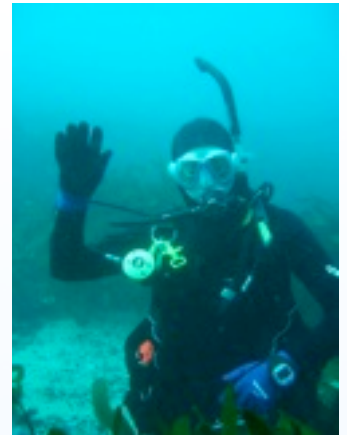
The subject of dive coordination was discussed at length at the April Meeting as described in the President's Report. Defibrillators were also discussed at the meeting see Safety Report in this issue. Compressor locations and hours are also published in this issue - please respect members privacy by calling before and only expecting a fill in the hours nominated

See you at the May meeting

Ian

P.S. I've still not had much feedback on the new look for the Mag - what do you think? Please drop me a note with your comments. Also I'm also open to any suggestions for ways in the which the Mag could be improved - just give me a call

DIVE SAFELY!



In this Issue

- *This month's humour*
- *President's Report*
- *Dive Calendar*
- *Minutes for April*
- *Local Dive Reports*

**THANKS TO ALL
CONTRIBUTORS**

**Ian Coward
Editor**

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THIS MONTH'S HUMOUR

Thanks to Stephen Snow for this month's humour ...

A doctor examining a woman who had been rushed to the Emergency Room, took the husband aside, and said, 'I don't like the looks of your wife at all.'

'Me neither doc,' said the husband. 'But she's a great cook and really good with the kids.'

An old man goes to the Wizard to ask him if he can remove a curse he has been living with for the last 40 years. The Wizard says, 'Maybe, but you will have to tell me the exact words that were used to put the curse on you.'

The old man says without hesitation, 'I now pronounce you man and wife.'

While shopping for vacation clothes, my husband and I passed a display of bathing suits. It had been at least ten years and twenty pounds since I had even considered buying a bathing suit, so I sought my husband's advice. 'What do you think?' I asked.. 'Should I get a bikini or an all-in-one?'

'Better get a bikini,' he replied 'You'd never get it all in one.' He's still in intensive care.

And, the favorite is:

The graveside service just barely finished, when there was a massive clap of thunder, followed by a tremendous bolt of lightning, accompanied by even more thunder rumbling in the distance.

The little old man looked at the preacher and calmly said, 'Well.....she's there.'

Lost Mask

Peter Altis has a dive mask that was was left on Gary's boat at Xmas - please contact Peter if its yours.

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PRESIDENTS REPORT

Divers

At the April monthly meeting we had Mick Jackson from DAN give us a presentation on the defibrillators (AED's) available to us. He gave us a practical demonstration and discussed the advantages of such a unit and how it increases the chances of survival from 5% to 72%. His time was greatly appreciated and we will discuss this further once we have all the information available. David Simpson has been driving our safety program and it is the one thing that benefits all members. He is also looking into the next level 2 first Aid course for winter and I would urge all who are not yet trained to not miss this opportunity. *(See Safety Report in this issue (ED))*

At Brudg we are always open for suggestions on ways to improve the way we do things. At present I have asked for feed back from all members on our dive coordination system. I am after ideas on how we can improve the system and if you have experienced any particular problems with the process. This is also being discussed amongst the boat owners. All feed back will be kept at Committee level and the source will not be disclosed. I have done this so people can feel free to speak their mind. The results from this will be presented to the members for discussion at the next meeting.

The Shame File is back, there is too much outstanding debt from members, you will be notified of outstanding dues so you have the opportunity to pay up or be in our Shame File.

There has also been some discussion on the compressors so I would like to clear up a few points. These are for the Brudg members, fills are free and for non-members a fill is \$20. Compressor holders should make this clear to people who would like free fills, if this offends don't hesitate to give them a Membership Joining form. This is not a free service, all maintenance costs are funded by financial members. The club compressors should to be made available to all Brudg members according to the filling times published, or arrangements to suit both parties due to circumstances.

Please keep the articles coming to Ian Coward for the magazine. To be able to keep the high standard of publications he requires your on-going input. The importance of this was discussed at the April meeting, the magazine could be the first point of contact for a new member and how the club is judged. Your on going support is appreciated.t!

Dive Safely

Grant

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Life Members

John Davis
Max Graham
Lionel Martin
Bill Silveste

Ron Dunlop
Bob Hurst
Dave Perry
Mike McCrae

2008/2009 Committee

President Grant Callow
Vice President Gary Pahoff
Treasurer Hillary Ingram
Secretary <TBD>
Social Secretary Gary Pahoff
Dive Coordinator <TBD>
Safety Officer Dave Simpson
Newsletter Editor Ian Coward



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DIVE CALENDAR

11th May	Club Meeting Celtic Club
1st June	End of Cray season for girls Inclusive
8th June	Club Meeting Celtic Club
12th to 14th June	Queens Birthday Long Weekend
13th July	Club Meeting Celtic Club
30th July	Booking for Tidal River Weekend CLOSE:
10th August	Club Meeting Celtic Club
14th September	Club Meeting Celtic Club
15th September	End of cray season for boys inclusive
12th October	Club Meeting Celtic Club
30th October to 2nd November	Cup weekend Tidal River
9th November	Club Meeting Celtic Club
16th November	Start of the Cray season
5th December	Club Christmas Party Venue TBD....
14th December	Club Meeting Celtic Club
26th Dec to 7th January	Christmas trip Warnambool..... Contact Grant Callow RobeContact Gary Pahoff EdenContact.....
22nd to 25th April 2011	Easter Open to Suggestions

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SAFETY REPORT

BRUDG welcomed our friend from DAN Mick Jackson who has been on the board of DAN since it commenced in Australia. Mick was responsible for taking 10 of our members through Cert II first aid and if we can get the numbers together we will get another group through. BRUDG members and members of their families are welcome. Please contact David Simpson via email or Telephone 0438 9438 02. We have two seats booked – looking for 8 more.

Mick was asked to present a range of AED's and answer questions on how they would fit into a wet rocking environment that we have on a boat. Questions like:-

- 1) Can we use the equipment in non stable environment – Yes
- 2) Can we use it on a boat that could be wet – Yes
- 3) Will we all be electrocuted when we apply the shock to the patient – No
- 4) Can we hang it into the water and shock the Cray to bring them to surface – No
- 5) Will we be trained in the use of the device - Yes

The following web sites are worth looking at, however it was suggested that the Cardiac Science unit was the least expensive; will survive in our boats (with the correct case) and has a great battery life. We now as a club have to decide if we want to invest in an AED. Some of our members are considering purchasing an AED for their home and office/workshop.

If you look at the various web sites they generally show old grey headed blokes just about to cark it and being saved by the AED. Being one of that number the device gets my vote.

The Cardiac Science is shown here: (<http://www.cardiacscience.com/cardiology-products/aed-defibrillator/portable-aed-machines-powerheart-aed-g3-automatic-semiautomatic-defibrillators.php>)



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Two from Laerdal <http://www.laerdal.com.au/doc/32973242/HeartStart-First-Aid.html> the heart start and the First Aide.

The Laerdal web site has a couple of videos that you may take the time to watch.



And finally the Zoll http://www.zoll.com.au/products/aed_plus/



Regards

David Simpson

Safety Officer

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ACTION LIST FROM APRIL MEETING

Responsible	Action
Boat owners	To use current Radio operating procedures and report any issues for tuning
David Simpson	To investigate the interest in a winter Level 2 First Aid course
David Simpson	To forward information on AED for presentation on AED to members.
Hilary Ingram	To forward shame file to Ian C for publication in mag
Ian Coward	Publish Christmas options in next mag
Ian Coward	Publish compressor locations, contact details and filling times in all mags.
Alan Conley/ Grant Callow	Discuss options for compressor security on compressors when they are on loan and not in the compressor trailer
Peter Galvin	To investigate the criteria on Marine Safety Grant to see if the AED may apply
Joe Arlove	To follow up on status of our web page
Grant Callow	Information to be collected from members and boat owners on how we can improve the Dive coordination process.
Grant Callow	Compressor allocation up for review in june.
Compressor Holders	To give an indication of hours of usage for serving and filter maintenance
Grant Callow	To circulate our code of conduct
All Members	More articles for the mag, anything dive related as well as dive reports
All members	I require your ideas on the Dive Coordination and any other Brudg related issues you have.

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TREASURERS REPORT

Hilary wishes to report that the Club is generally solvent but the SHAME FILE needs to be published to ensure debtors pay up! (ed)

Ian Christianz	\$100.00 Subs.
Rohan Cleary	\$96.00 Apollo Bay.
R. Goudie	\$20- Social subs.
J. Griffiths	\$120- Apollo Bay.
M. Griffiths	\$120- Apollo Bay.
D. Hawkes	\$120- Apollo Bay.
S. Heath	\$44- Tanks.
L. Hearne	\$100- Subs.
J. Henderson	\$100- stock.
D. Kelly	\$70- (\$20- social & \$50- stock.)
D. Moore	\$111- (\$96- Apollo Bay & \$15- Christmas Party).
G. Payoff	\$241- (\$120- Apollo Bay & \$121- Tanks.)
F. Reynen	\$100- Subs.
W. Salisbury	\$100 Subs

My treasurers report is \$5,620.46 is presently in the BRUDG accounts, please pay all outstanding accounts.

Regards

Hilary

Apologies if this is slightly out date as publication of the Mag has been delayed (ed)

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COMPRESSOR LOCATIONS

Please respect the private lives of compressor holders and call before turning up - a visit may not always be convenient ...

Item	Unit No	Insured value (\$)	Page Ref.	Contact, location and general availability (You MUST phone first to confirm)
Compressor	C - 01	xxxx	6	Allan Conley Ph 97013944 C.V Tooling Pty Ltd Fowler Road, Dandenong Week days only: Mon – Thurs: 7.00 AM – 3.30 PM Fri: 7.00 – Noon
Compressor	C - 02	xxxx	7	Joe Arlove ph 9700 6630 51 William Hovell Drive, Endeavour Hills Week-days : 5 PM – 8 PM Weekends:: 10 AM – 8 PM (Careful of dog).
Compressor	C - 05	xxx	8	Graham Lye ph 9729 5495 5 Cheviot Close Wantirna Week-days : 5.30 PM – 7.30 PM Weekends:: 9.00 AM – 6.30 PM
Compressor	C - 04	xxx	9	Grant Callow 9718 1616 19-23 Valley View Rd Hurstbridge Week-days 5.30 PM – 8.00 PM Weekends 9.00 AM – 8.00 PM
Compressor	C - 03	xxx	10	Darren Bell 0421 172 131 18 Centre Dandenong Rd Cheltenham Week-days : 4 PM – 8 PM Weekends:: 9AM – 6PM

Dive Reports: Christmas 2009 and 13th February

Divers: Peter Galvin, Dave Simpson, Len Joyce

Location: Inverloch.

I was going to NZ on the fourth of January so only had about a week to go diving at Inverloch. And for once we managed to get wet on about 4 days out of the seven. Len, Dave and I went to Harmers on three days, but it was fairly lean pickings. We also took Dave's neighbour out and his father had been a member of BRUDG in the sixties. He had a BRUDG log book and constitution, very interesting.

On New Year's Eve Len and Carol and their two grandchildren and I made the trip to Arch Rock. Unfortunately I miscalculated the wind direction a little and that meant we had to bash the entire way down there in about 20 knot NW winds which are parallel to the coastline. But the winds were forecast to die down during the day so at least the trip home would be easy.

Once at Arch Rock we did some non productive fishing and then Len and I went for a snorkel. Len suggested a spot that I was a little doubtful about, but it was fantastic. Lots of water movement, about 15 to 20 feet deep and swags of large fish, although surprisingly not many sweep. After about an hour and a bit in the water we gave up as we had too many fish to process already.

On the way home the wind hadn't died down so we had another hour long bash home. It was a quiet New Year's eve this year after an exhausting day.

Divers: Peter Galvin, Greg Richards, Ton Vandenberg

Location: Sorrento.

The forecast was fairly ordinary outside with around a 15 knot SE wind and a reasonable sized swell. Greg, Ton and I decided to stay in the Bay and Grant Callow and his crew, of Stow, Grainger x2 and Hilary, took the plunge and launched from Flinders. By the time we arrived at the Heads, near Lonsdale, the wind was quite strong, white capping and the chop in the Heads was around a meter. We were glad we were inside the Bay and decided we would abandon the plan to have a quick look outside. It did not look too inviting at all. Ton and Greg went in first in about 12 meters depth with a gentle incoming tide flow and found good reef with good visibility and lots of fish life.

I then went in in approximately the same place and also found quite good reef lots of fish life but no crabs, but it was a very pleasant dive. First tank dive in years.

Ton then wanted to do a bottle drift and we motored towards Pope's Eye. Ton enjoyed the dive as he found some good bottles, but Greg was only marginally impressed. My second tank was only half full and it was a bit miserable anyway so we wimped out and had an early day. On the way home we called into Dave Kelly's place for a cuppa and a catch up, damned civilised way to finish the day. Grant and his crew had an interesting day at Flinders and they all got seasick except for Keith and Glenda.

Peter Galvin

Dive Report: Labour Day Long Weekend March 6-8

Boats: Galvin, Callow/Stow, Conley, Pahoff, Arlove

Divers: Galvin, Fleet, Joyce, Simpson, Pahoff, Grainger x2, Richards, Conley x2, Bell, Arlove, Vermey, Cronin, Richard Day, Callow, Stow, Brittain, Ingram, Richard

Location: Inverloch.

This year we again had people scattered across Inverloch and Cape Patterson. Len and Carol Joyce had a house around the corner from mine. We had some at mine and the rest were at Dave Simpson's at Cape Patterson. And Peter and Carla Vermey stayed with friends on Philip Island.

Sleepers at Galvin's: Conleys, Arloves, Gary Pahoff, Bells plus kids, Callow, Stow, Brittain, Cronin,

Sleepers at Dave Simpson's: Ian Fleet, Ingrams x4 and Graingers x4

Day Trippers: Peter & Carla Vermey, Greg Richards

Before the weekend the forecasts were all over the place like a mad woman's breakfast. Early in the week it looked like we might be lucky to get in for a marginal dive on Saturday and no chance on Sunday or Monday. It changed frequently and on Friday morning for the first time it looked like all three days would be quite good. But the forecasts frightened a few off and so we were not particularly crowded this year, I even managed to wangle sleeping in my own bedroom.

Saturday 6 March

Boats: Galvin, Conley, Callow, Arlove

Divers: Galvin, Fleet, Joyce, Simpson, Pahoff, Grainger, Richards, Conley, Conley, Bell, Arlove, Vermey, Cronin, Richard Day, Callow, Stow, Brittain, Ingram, Richards

We had a fairly early Friday night as a few came down in the morning, including the day trippers, Callow, Stow, Vermey, Brittain and Richards.

We took off on Saturday in fairly overcast conditions but the sea and wind were quite good so we decided to go to Harmers Haven. The bar at Inverloch is a bit of a challenge now as there does not appear to be a clear channel at low tide and you have to travel East almost parallel to the waves for some distance to get out. But the swell was not large so we got through ok. We then found Andrew Rawlings diving the Marine Reserve with his new boat, so we told his "hookah" man we were going to Harmers if Andrew wanted to join us. Andrew ended up diving just on the Western side of the Cape and did very well.

We all did our first dive in about the middle of Harmers but spread out from close to shore to a couple of kms offshore. I found what looked like a nice wall running approximately parallel to the shore and Len and Dave

went in first. They came back with some success and said the reef was fantastic. Ian and I went in next and found the wall, it was about 4 to 5 meters and had a large number of huge sweep and other fish. We didn't move very far as it had a lot of ledges and it took quite a while to explore. For the second dive we decided to just move a little along the wall, but then lost it and had to find another spot which we did and again it was very nice reef with a large number of big sweep and other fish and lots of ledges. We had a reasonably successful day and so did the other boats. The other boats also generally found good reef.

We got back to the ramp about the same time as Grant, the tide was about a foot over the bottom part of the jetty and flooding extremely fast, we retrieved by walking the boats around the jetty and placing the trailers as close as possible to the jetty. We even managed to easily retrieve Grant's boat using this method, although we did have a lot of bodies as we helped some fishermen and then they helped us and Andrew Rawlings turned up to give a hand as well.

As we were retrieving the storm that hit Melbourne came through but it was nowhere near as bad as in Melbourne, all we got was a light show and heavy rain, but no hail.

Back at home we boiled crays, got the barbie going and settled down to an evening interrupted at times by rain which meant we had to keep moving from around the fire barrel to under the verandah.



A catch of crays having a drink

There was one very unpleasant incident on Saturday afternoon, Lynn and Fi Fi on one of their many trips to SexyLand decided it would be appropriate to buy me a *mankini* and amazingly they actually thought I would put it on.

Of course I refused their present and told them to immediately put that filth on the fire. What were they thinking?



The Callow crew getting ready at Harmers

Sunday 7 March

Boats: Galvin, Conley

Divers: Galvin, Fleet, Joyce, Pahoff, Ingram, Bell, Cronin, Keith and Glenda

Sunday morning did not look too flash. Callow, Stow and Brittain wimped out and took off home. I sort of thought they had made the right decision. It was raining heavily, our wetsuits were wet and we hoped the conditions would

prevent us from diving. But the sea was diveable, there was about a 15 knot SE wind and between Inverloch and the Marine Reserve it looked reasonable. So we set off and underwater the conditions were quite reasonable, but it was uncomfortable on the surface. Bell did exceptionally well on his first dive and his boat bagged out and took off back home. We did two up, two down and we also ended up bagging out. The rain held off once we got out to the dive site and in the end it was a much better way to spend the day than at home.

We got back home just before the caterer arrived, yes we decided to do a catered spit roast this year. Thankfully the rain held off and we had a very nice meal, plenty of good food and no cleaning up.

Darren feeling fairly full of himself & some small Ingrams in the background

Monday 8 March

Boats: Galvin, Conley, Pahoff

Divers: Galvin, Ingram, Joyce, Simpson, Pahoff, Grainger, Grainger, Allan Conley, Bell, Cronin, Arlove (well he was a passenger on the boat)

The conditions on Monday were perfect a light Northerly wind, no swell and bright sunshine. We decided to do one

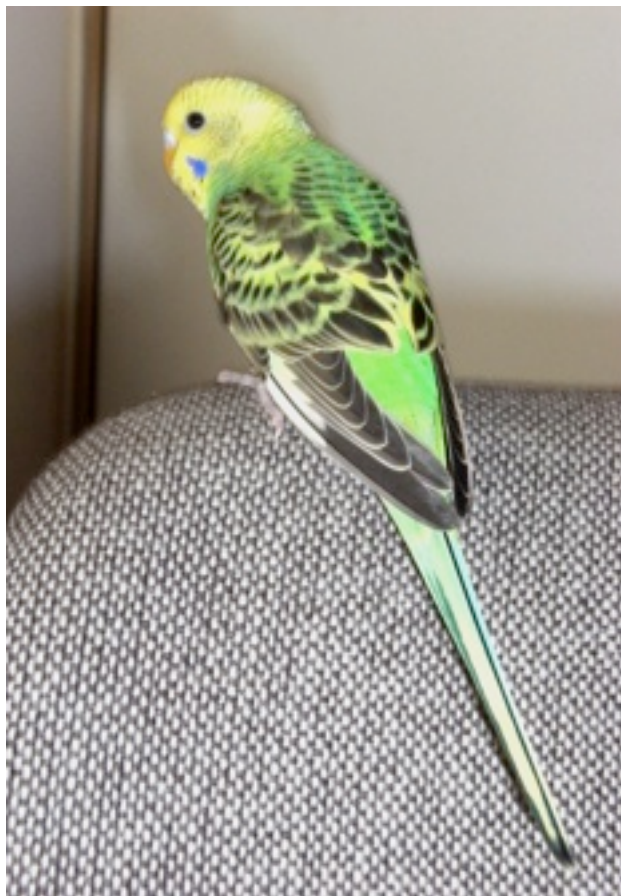


dive between Inverloch and the Marine Reserve so we could get away home early. We found reasonable reef in about 8 meters depth and managed to add to our total.

As we were getting ready to go back Dave Simpson said, "Have a look at this". And a budgie had landed on his shoulder. It was very tame and allowed us to put it in the cabin for the trip back. At one stage he got lost under some gear and then flew around the cabin and found himself a safer perch. We decided to put him into a catch bag as he would obviously die if he took off while we were offshore.

Pardon the obvious pun but I think this literally counts as ***budgie smuggling*** and not a ***mad monk*** in sight.

Peter Cronin was in need of a budgie and so he took it home and it is now settled in at Peter's.



The smuggled budgie

All in all another great weekend of diving, thankfully the weather gods took pity on us and we managed to dive every day. It was also a great weekend due to good company and one or two laughs along the way.

Peter Galvin.

Local Dive Report: 14th March

Boats: Galvin, Conley, Pahoff, Lye (& Dave Kelly diving with VSAG)
Crew: Galvin, Joyce, Altis, Ton, Reiner, Brittain, Stow, Callow, Ingram, Jakubczyk, Snow, Conley, Conley, Bell, Pahoff, Brown, Harding, Lye, Rate, Christiansz
Location: Flinders.

For once this season the forecast looked quite good, with a low swell and light Easterly or NE winds, ideal for the Western side of the Schank.

Gary Pahoff was keen to get going early so by the time I arrived at Flinders he had well and truly gone and Grant was just leaving. I launched with Allan and we both motored towards the Schank at a fairly fast clip. Once we rounded the Schank the swell was ok but enough to prevent us getting in close and there was almost no wind.

We headed North and found Pahoff in about 15 to 20 meters depth. We sounded near Gary and the bottom did not seem all that flash, but we found what looked like a reasonable patch of reef. Once on the bottom it was fantastic, complex limestone holes, ledges and swim throughs. Plenty of fish but we had to work fairly hard to find a cray. We managed to get a couple for the boat. The other boats reported similar experiences, i.e. fantastic reef but not a lot of crays.

For the second dive the Galvin, Callow and Conley boats headed closer in and about half way along the Schank in about eight meters of water. We again found fantastic reef and had to work to find a cray.

But we did manage to get a few for the boat and everyone went home with at least one cray.

Then it was back to the Flinders hotel for a quick drink before heading home to clean the boat, clean the dive gear and cook crays.

This was a fantastic day made more enjoyable as we have not had many good weekends this year.

Peter Galvin





Megaswim “Dive” Report 2010

Over the 26th and 27th of February, BRUDG again fielded a team of swimmers for the 24 Hour Multiple Sclerosis Megaswim. This event is a 15 member team 24 hour swim to raise money for MS sufferers. The funds raised are used to provide scholarships to MS sufferers for a whole range of benefits such as, buying a computer, education, travel, medical etc. See details on the Megaswim site at; <http://www.megaswim.com/scholarship-winners-vic.asp>



The event raised in excess of \$260,000 and BRUDG came in 4th out of 34 teams in the combined swim distance/funds raised tally. The organisers were hoping to crack \$200k so they were ecstatic with this result. We had a few gaps of swimming, partly as I was in Hong Kong and Gary Weston was at a conference so we couldn't cover the graveyard shift from midnight to 4:00 am. And we didn't quite make the full 15 swimmers this year, we had a few late withdrawals.

But on fundraising we did amazingly well, Steve Annear was the second highest fundraiser for the Megaswim at \$9,220, (he must have the dirty pictures?) and we had a number of others raise over or close to \$1,000. The team raised a total of \$14,835.



Our team members this year were;

1. Andrew Watkins
2. Doug Hacking (Doug did his trick of swimming 14 x 1 kms swims each at around 14 mins 40 seconds – I would not have thought this was possible.)
3. Kate Watkins
4. James Clarke (James, Stevex2, Alex and David are from Brad Edwards cricket club)
5. Steven Morris
6. Steve Annear
7. Alex Ishchenko
8. David O'Connell
9. Paul Taylor
10. Brad Williams (friend of Paul Taylor's)

11. Dave Stow
12. Hilary Ingram
13. Grant Callow
14. Peter Galvin, but I was in Hong Kong so didn't actually swim this year



Friendly Rotary People & BBQ

Thanks to all those who supported us this year and the swimmers.

Peter Galvin

About MS

MS stands for Multiple Sclerosis, a disease of the central nervous system affecting more young adult Australians than any other neurological condition.

Who gets MS?

People are typically diagnosed in their twenties and thirties, with the average age of diagnosis 30. Interestingly three times more women are affected by MS than men and it is more common in cooler climates.

In Australia, over 18,000 people currently have MS, however this figure is increasing as diagnosis methods become more advanced.

What are typical symptoms of MS?

Symptoms of MS are unpredictable and change from person to person, and from time to time in the same person. They may include tiredness, blurry vision, loss of balance and muscle coordination, slurred speech, difficulty walking, short-term memory loss, tingling and numbness or in severe cases tremors and paralysis.

Can MS be cured?

MS is a lifelong disease for which a cure is yet to be found. However, doctors and scientists are making discoveries in treating and understanding MS everyday and research to find a cure is very encouraging.

While supporting this search for a cure, MS Australia also provides information and advice on the treatments available, which means people with MS can better manage their symptoms.

What else does MS Australia do?

MS Australia provides programs and choices to people with MS including a range of residential facilities, social support programs, accommodation support services, attendant care in private homes, involvement with regional centres and country link programs. These services are vital to maintain the independence and dignity of people with MS.

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BRUDG unique promoter code is P-509. Quote this number when you join DAN

**Emergency
Evacuations
Can Cost
In Excess of
US\$100,000**



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